



HARDCORE UP AND COMING 2026 RULES

General Information

Hardcore Up and Coming 2026 is open to all genders, Australia-wide and internationally.

All competitors must be 18 years or older at the time of the event.

AMATEUR DIVISION – ELIGIBILITY

You are **NOT eligible** to enter the Amateur Division if you have:

✘ Previously Competed In:

- Hardcore Pole Dancing Championships (any division)
- Australian Pole Championships (APC) – any division
- Miss Pole Dance Australia (including all state heats)
- Pole Art (any division)
- Sexy's Back – Semi Pro
- Flaunt It – Semi Pro or Pro
- Pole Theatre – Semi Pro or Pro
- Podium Goddess – Semi Pro
- Mr Pole Dance Worlds
- Exotic Generation – Professional (any category)

✘ Previously WON:

- Mr Pole Amateur
- Miss Pole Amateur / MX
- Flaunt It Amateur
- Podium Goddess Amateur
- Pole Theatre Amateur
- Dance Filthy Amateur
- Hardcore Up and Coming – Amateur Division

✘ Previously PLACED:

- Australian Pole Championships (APC) – Amateur Division (State Heats)
-



DANCE DIVISION – ELIGIBILITY

You are **NOT eligible** to enter the Dance Division if you have:

✘ Previously Competed In:

- Any Professional competition (including state heats and finals)
- Exotic Generation (all divisions **except New Face**)
- Any Professional state heats or finals

✘ Previously WON:

- Exotic Generation – New Face (any division)
- Hardcore Up and Coming – Dance Division

✘ Previously PLACED:

- Any Semi Pro state or national competition

If you're unsure whether you qualify, please contact the event organisers before submitting your