



## Video Entry Application Form

- Video entries should be a minimum of 2 minutes long and no longer than 3 minutes.  
*(You may submit a longer video; however, judges will only watch up to 3 minutes)*
- All videos MUST be a routine and not an edited video of several performances/routines.
  - Competition rules can be found at the bottom of this application form.
  - Solo videos only. No group or doubles routines to be submitted.
    - Human props allowed for audition video only.
  - Both Spin & Static pole should be used in audition video.

### KEY DATES:

**1<sup>st</sup> February 2025** – Video entries open

**27<sup>th</sup> April 2025**– Video entries close at 11.59pm sharp

**5<sup>th</sup> May 2025**- Successful applicants notified & announced

**19<sup>th</sup> July 2025**– Competition held at The Thornbury Theatre, Melbourne Victoria

<b>Competitor Name</b>			
<b>Stage Name</b>			
<b>Name of Studio you are representing</b>			
<b>Email Address</b>			
<b>Phone Number and State</b>			
<b>Application fee of \$40</b>  <i>(Please email a copy of your payment receipt with your entry form)</i>	<b>Application fee paid (please circle)</b>	<b>YES</b>	<b>NO</b>
	<b>Hardcore Up and Coming</b>		
	<b>BSB: 063 551    Account: 1061 2377    REF: Your name</b>		
<b>Division (please circle one)</b>	<b>Amateur</b>	<b>Dance Division</b>	

All entry forms must be emailed to [hcupandcoming@outlook.com](mailto:hcupandcoming@outlook.com) with a copy of your video via a Youtube link.

STUDIO POLE PTY LTD  
5/5 Sefton Road  
THORNLEIGH NSW 2120

EMAIL: [hcupandcoming@outlook.com](mailto:hcupandcoming@outlook.com)

[www.studiopole.com.au](http://www.studiopole.com.au)

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## HARDCORE UP AND COMING 2025 RULES

Hardcore Up and Coming is open to female and male, Australia wide and internationally.

Must be over 18 years of age.

### Amateur Division Rules

**NOT ELIGIBLE** if you have COMPETED in the following competitions: -

- Hardcore Pole Dancing Championships (all divisions)
- Australia Pole Championships (APC) (all divisions)
- Miss Pole Dance Australia as well as ALL state heats
- Pole Art (all divisions)
- Sexy's Back Semi Pro division
- Flaunt It Semi Pro/Pro division
- Pole Theatre Semi Pro/Pro division
- Podium Goddess Semi Pro
- Mr Pole Dance Worlds
- Exotic Generation Professional (all categories)

**CANNOT** have WON the following competitions: -

- Mr Pole Amateur
- Flaunt It Amateur
- Miss Pole Amateur/MX
- Podium Goddess Amateur
- Pole Theatre Amateur
- Dance Filthy Amateur
- Hardcore Up and Coming 2024 Amateur

**Can have competed but not won or placed** in the following competitions: -

- Australian Pole Championships (APC) – Amateur Division - State Heats

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## Dance Division Rules

**NOT ELIGIBLE** if you have competed as a professional in ANY competitions (state heats and finals inclusive)

**NOT ELIGIBLE** if you have PLACED in a Semi Pro state or National competition (as listed above)

**NOT ELIGIBLE** if you have competed in the following competitions: -

-Exotic Generation (all divisions EXCLUDING NEW FACE)

-Floor play Semi Pro/Pro all states

**CANNOT** have won the following competition: -

Exotic Generation New Face (all divisions)

Hardcore Up and Coming 2024 Dance Division

*if you are unsure about your entry or eligibility, please email us before applying.*

## The Event

Hardcore Up and Coming will be held at The Thornbury Theatre, Melbourne Victoria on Saturday 19<sup>th</sup> July 2025.

This will be a ticketed event.

Further information about the competition, Venue and stage etc will be emailed to the successful applicants along with additional forms.

We will have professional judges, a photographer, special guest performances and cash prizes to be won.



## Your Competition Routine - Amateur Solo & Dance Division

Your performance must be **two and half (2.5) to three (3) minutes for both Amateur and Dance Division.**

**Competition Grade X-Pole Brass 40mm – x1 Spin & x1 Static – 3.5 metres in height.**

**Both Divisions MUST use BOTH poles -Stage left Spin and stage right static. No changing configuration.**

-Any type of footwear is acceptable including barefoot, heels or boots.

-Props can be used but must be approved prior to the event. **Human props are NOT permitted.**

-Prior to the event, you will need to advise us if you are starting ON or OFF stage

-NO nudity or G-strings will be acceptable.

### Amateur Division - Judging Criteria - Total score is out of 65

**(5)** Presentation (music choice, costume, theme & props)

**(10)** Stage Presence (audience engagement, character, use of stage & both poles, overall performance & x factor)

**(20)** Dance (choreography, musicality, floorwork, transitions between poles & on and off poles)

**(30)** Pole Tricks (strength, flexibility, execution/lines, dynamic, technique and difficulty)

### Dance Division - Judging Criteria - Total score is out of 65

**(5)** Presentation (costume, theme & props)

**(10)** Stage Presence (audience engagement, character, overall performance & x factor)

**(10)** Floor work (use of tricks showcasing flexibility, strength, acro, fluidity and the use of pole)

**(10)** Lower third pole work/Basework (transitioning on and off the pole, use of pole, inclusion of pole tricks using the lower part of the pole. No trick combos required).

**(10)** Musicality (acknowledging accents and the use of light and shade)

**(20)** Choreography (difficulty of movement, originality, style and use of stage)