



HARDCORE UP AND COMING 2026 CRITERIA

Amateur Division - Judging Criteria - Total score is out of 65

- (5)** Presentation (music choice, costume, theme & props)
- (10)** Stage Presence (audience engagement, character, use of stage & both poles, overall performance & x factor)
- (20)** Dance (choreography, musicality, floorwork, transitions between poles & on and off poles)
- (30)** Pole Tricks (strength, flexibility, execution/lines, dynamic, technique and difficulty)

Dance Division - Judging Criteria - Total score is out of 65

- (5)** Presentation (costume, theme & props)
- (10)** Stage Presence (audience engagement, character, overall performance & x factor)
- (10)** Floor work (use of tricks showcasing flexibility, strength, acro, fluidity and the use of pole)
- (10)** Lower third pole work/Basework (transitioning on and off the pole, use of pole, inclusion of pole tricks using the lower part of the pole. No trick combos required).
- (10)** Musicality (acknowledging accents and the use of light and shade)
- (20)** Choreography (difficulty of movement, originality, style and use of stage)