



Video Entry Application Form

- Video entries should be a minimum of 2 minutes long and no longer than 3 minutes.
(You may submit a longer video; however, judges will only watch up to 3 minutes)
- All videos MUST be a routine and not an edited video of several performances/routines.
 - Competition rules can be found at the bottom of this application form.
 - Solo videos only. No group or doubles routines to be submitted.
 - Human props allowed for audition video only.

KEY DATES:

8th January 2024 – Video entries open

21st April. 2024– Video entries close at 11.59pm sharp

26th April 2024- Successful applicants notified & announced

6th July 2024– Competition held at The Thornbury Theatre, Melbourne Victoria

Competitor Name			
Stage Name			
Name of Studio you are representing			
Email Address			
Phone Number and State			
Application fee of \$35 <i>(Please email a copy of your payment receipt with your entry form)</i>	Application fee paid (please circle)	YES	NO
	Hardcore Up and Coming		
	BSB: 063 551 Account: 1061 2377 REF: Your name		
Division (please circle one)	Amateur	Dance Division	

All entry forms must be emailed to hcupandcoming@outlook.com with a copy of your video via a Youtube link.

STUDIO POLE PTY LTD
5/5 Sefton Road
THORNLEIGH NSW 2120

EMAIL: hcupandcoming@outlook.com

www.studiopole.com.au

DANCE • STRENGTHEN • STRETCH • TONE



HARDCORE UP AND COMING 2024 RULES

Hardcore Up and Coming is open to female and male, Australia wide and internationally.

Must be over 18 years of age.

Amateur Division Rules

NOT ELIGIBLE if you have COMPETED in the following competitions: -

- Hardcore Pole Dancing Championships (all divisions)
- Australia Pole Championships (APC) (all divisions)
- Miss Pole Dance Australia as well as ALL state heats
- Pole Art (all divisions)
- Sexy's Back Semi Pro division
- Flaunt It Semi Pro/Pro division
- Pole Theatre Semi Pro/Pro division
- Podium Goddess Semi Pro
- Mr Pole Dance Worlds
- Exotic Generation Professional (all categories)

CANNOT have WON the following competitions: -

- Mr Pole Amateur
- Flaunt It Amateur
- Miss Pole Amateur/MX
- Podium Goddess Amateur
- Pole Theatre Amateur
- Dance Filthy Amateur

Can have competed but not placed in the following competitions: -

- Australian Pole Championships (APC)- State Heats

Dance Division Rules

STUDIO POLE PTY LTD
5/5 Sefton Road
THORNLEIGH NSW 2120

EMAIL: hcupandcoming@outlook.com

www.studiopole.com.au



NOT ELIGIBLE if you have competed as a professional in ANY competitions (state heats and finals inclusive)

NOT ELIGIBLE if you have PLACED in a Semi Pro state or National competition (as listed above)

NOT ELIGIBLE if you have competed in the following competitions: -

-Exotic Generation (all divisions EXCLUDING NEW FACE)

-Floor play Semi Pro/Pro all states

CANNOT have won the following competition: -

Exotic Generation New Face (all divisions)

if you are unsure about your entry or eligibility, please email us before applying.

The Event

Hardcore Up and Coming will be held at The Thornbury Theatre, Melbourne Victoria on Saturday 6th July 2024.

This will be a ticketed event.

Further information about the competition, Venue and stage etc will be emailed to the successful applicants along with additional forms.

We will have professional judges, a photographer, special guest performances and cash prizes to be won.

Your Competition Routine - Amateur Solo & Dance Division

STUDIO POLE PTY LTD
5/5 Sefton Road
THORNLEIGH NSW 2120

EMAIL: hcupandcoming@outlook.com

www.studiopole.com.au

DANCE • STRENGTHEN • STRETCH • TONE



Your performance must be **two and half (2.5) to three (3) minutes** for both Amateur and Dance Division.

Competition Grade X-Pole Brass 40mm – x1 Spin & x1 Static – 3.5 metres in height.

Both Divisions MUST use BOTH poles -Stage left Spin and stage right static. No changing configuration.

-Any type of footwear is acceptable including barefoot, heels or boots.

-Props can be used but must be approved prior to the event. **Human props are NOT permitted.**

-Prior to the event, you will need to advise us if you are starting ON or OFF stage

-NO nudity or G-strings will be acceptable.

Amateur Division - Judging Criteria - Total score is out of 65

(5) Presentation (music choice, costume, theme & props)

(10) Stage Presence (audience engagement, character, use of stage & both poles, overall performance & x factor)

(20) Dance (choreography, musicality, floorwork, transitions between poles & on and off poles)

(30) Pole Tricks (strength, flexibility, execution/lines, dynamic, technique and difficulty)

Dance Division - Judging Criteria - Total score is out of 65

(5) Presentation (costume, theme & props)

(10) Stage Presence (audience engagement, character, overall performance & x factor)

(10) Floor work (use of tricks showcasing flexibility, strength, acro, fluidity and the use of pole)

(10) Lower third pole work/Basework (transitioning on and off the pole, use of pole, inclusion of pole tricks using the lower part of the pole. No trick combos required).

(10) Musicality (acknowledging accents and the use of light and shade)

(20) Choreography (difficulty of movement, originality, style and use of stage)