



## HARDCORE UP AND COMING 2025 RULES

Hardcore Up and Coming is open to female and male, Australia wide and internationally.

Must be over 18 years of age.

### Amateur Division Rules

**NOT ELIGIBLE** if you have COMPETED in the following competitions: -

- Hardcore Pole Dancing Championships (all divisions)
- Australia Pole Championships (APC) (all divisions)
- Miss Pole Dance Australia as well as ALL state heats
- Pole Art (all divisions)
- Sexy's Back Semi Pro division
- Flaunt It Semi Pro/Pro division
- Pole Theatre Semi Pro/Pro division
- Podium Goddess Semi Pro
- Mr Pole Dance Worlds
- Exotic Generation Professional (all categories)

**CANNOT** have WON the following competitions: -

- Mr Pole Amateur
- Flaunt It Amateur
- Miss Pole Amateur/MX
- Podium Goddess Amateur
- Pole Theatre Amateur
- Dance Filthy Amateur
- Hardcore Up and Coming 2024 Amateur

**Can have competed but not won or placed** in the following competitions: -

- Australian Pole Championships (APC) – Amateur Division - State Heats

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EMAIL: [hcupandcoming@outlook.com](mailto:hcupandcoming@outlook.com)

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## Dance Division Rules

**NOT ELIGIBLE** if you have competed as a professional in ANY competitions (state heats and finals inclusive)

**NOT ELIGIBLE** if you have PLACED in a Semi Pro state or National competition (as listed above)

**NOT ELIGIBLE** if you have competed in the following competitions: -

-Exotic Generation (all divisions EXCLUDING NEW FACE)

-Floor play Semi Pro/Pro all states

**CANNOT** have won the following competition: -

Exotic Generation New Face (all divisions)

Hardcore Up and Coming 2024 Dance Division

*if you are unsure about your entry or eligibility, please email us before applying.*

## The Event

Hardcore Up and Coming will be held at The Thornbury Theatre, Melbourne Victoria on Saturday 19<sup>th</sup> July 2025.

This will be a ticketed event.

Further information about the competition, Venue and stage etc will be emailed to the successful applicants along with additional forms.

We will have professional judges, a photographer, special guest performances and cash prizes to be won.

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